

Synergy DanceSport Festival 2026

Team Events - Tentative start time 1pm

FORMATION TEAMS - Saturday Session 8

SIDE FACING	AGE GROUP / EVENT	TEAM	TITLE
SIDE A	Youth Formation Novelty Show Dance Final (2 teams)	Extreme Jr/Yth. Int. All-Girls	Brittany Mash-Up
SIDE B	Junior Formation Novelty Show Dance Final (1 teams)	Legacy Ballroom & Jazz Production	Bring Em out
SIDE A	Youth Formation Novelty Show Dance Final (2 teams)	Blackfoot High School Ballroom	Blood on the Dance Floor
SIDE B	Junior Formation Novelty Show Dance Final (1 teams)	Extreme Jr. Advanced All-Girls	Music Makes Me Lose Control
SIDE A	Youth Formation Cabaret Show Dance Final (4 teams)	Legacy Cabaret Poise	Glimpse
SIDE B	Pre-Teen All-Girls Formation Latin Showdance Final (1 teams)	Premier Ladies Amethyst	Sweet Dreams
SIDE A	Youth Formation Cabaret Show Dance Final (4 teams)	Extreme Youth Cabaret	I'll Never Love Again
SIDE B	Pee Wee Showcase	Premier Pee Wee	Who let the Dogs out
SIDE A	Youth Formation Cabaret Show Dance Final (4 teams)	Legacy Cabaret Premier	Surprise Yourself
SIDE B	Junior Formation Latin Medley Final (3 teams)	Extreme Jr. Gold Medley	Jock Jams
SIDE A	Youth Formation Cabaret Show Dance Final (4 teams)	Provo High School - Varsity	Skyfall
SIDE B	Junior Formation Latin Medley Final (3 teams)	Premier Jr. Medley Blue	Queen
SIDE A	Youth Formation Large Group Show Dance Final (2 teams)	Extreme Youth Showcase	Hairspray
SIDE B	Junior Formation Latin Medley Final (3 teams)	Premier Jr. Medley Gold	Mowtown
SIDE A	Youth Formation Large Group Show Dance Final (2 teams)	Blackfoot High School Ballroom	Runaway Baby

FORMATION TEAMS - Saturday Session 9

SIDE FACING	AGE GROUP / EVENT	TEAM	TITLE
SIDE A	Youth Formation Ballroom/Smooth Show Dance Final (5 teams)	CVB Youth Gold	Business of Love
SIDE B	Pre-Teen Formation Ballroom/Smooth Show Dance Final (1 team)	Legacy Ballroom 1	Mary Poppins
SIDE A	Youth Formation Ballroom/Smooth Show Dance Final (5 teams)	IBA Comp Team	Make You Feel My Love
SIDE B	Pre-Teen Formation Ballroom Medley Final (2 teams)	Extreme Pre-Teen Gold Medley	Muppets
SIDE A	Youth Formation Ballroom/Smooth Show Dance Final (5 teams)	Premier Youth Showcase	Miss Kiss Kiss Bang
SIDE B	Pre-Teen Formation Ballroom Medley Final (2 teams)	Premier PreTeen Medley Gold	Singing in the Rain
SIDE A	Youth Formation Ballroom/Smooth Show Dance Final (5 teams)	Provo High School - Varsity	Keep Holding On
SIDE B	Pre-Teen Formation Novelty Show Dance Final (1 team)	Legacy Jr Cabaret	Hairspray
SIDE A	Youth Formation Ballroom/Smooth Show Dance Final (5 teams)	Star Struck Ballroom	Wonderland
1 Min Break for judges to take notes			
SIDE A	Youth Formation Ballroom Medley Final (3 teams)	Premier Youth Medley Gold	Top Gun
SIDE A	Youth Formation Ballroom Medley Final (3 teams)	Extreme Youth Blue Medley	Piano Man
SIDE A	Youth Formation Ballroom Medley Final (3 teams)	Provo High School - Varsity	Juliet
SIDE A	Youth Formation Ballroom Medley Final (3 teams)	Extreme Youth Gold Medley	Pirates
SIDE B	Junior Formation Ballroom Medley Final (2 teams)	Premier Jr. Medley Gold	Glamorous

FORMATION TEAMS - Saturday Session 10

SIDE FACING	AGE GROUP / EVENT	TEAM	TITLE
SIDE A	Youth All-Girls Formation Latin Show Dance Final (3 teams)	Star Struck Ballroom	Double Life
SIDE B	Junior All-Girls Formation Latin Show Dance Final (4 teams)	Extreme Jr/Yth. Int. All-Girls	Watch Me Work
SIDE A	Youth All-Girls Formation Latin Show Dance Final (3 teams)	Premier Ladies Varsity Diamond	No Excuses
SIDE B	Junior All-Girls Formation Latin Show Dance Final (4 teams)	Legacy Jr. All Girls	I Dare You
SIDE A	Youth All-Girls Formation Latin Show Dance Final (3 teams)	Premier Ladies JV Diamond	Runaway Baby
SIDE B	Junior All-Girls Formation Latin Show Dance Final (4 teams)	Star Struck Ballroom	Golden
SIDE A	Youth All-Girls Formation Latin Medley Final (2 teams)	Premier Ladies Varsity Diamond	Super Model
SIDE B	Junior All-Girls Formation Latin Show Dance Final (4 teams)	Premier Ladies Teen Sapphire	Uptown Girl
SIDE A	Youth All-Girls Formation Latin Medley Final (2 teams)	Premier Ladies JV Diamond	He Lives in You
SIDE B	Junior All-Girls Formation Ballroom/Smooth Show Dance Final (1 team)	Legacy Ballroom 2	Oceans
SIDE A	Youth All-Girls Formation Ballroom/Smooth Show Dance Final (1 team)	Star Struck Ballroom	Broken Embrace
1 Min Break for judges to take notes			
SIDE A	Youth Formation Latin/Rhythm Show Dance Final (4 teams)	CVB Youth Gold	Higher (Cha-Cha)
SIDE B	Junior All-Girls Formation Latin Medley Final (1 team)	Premier Ladies Teen Sapphire	Aretha
SIDE A	Youth Formation Latin/Rhythm Show Dance Final (4 teams)	IBA Comp Team	Welcome to Earth
SIDE B	Junior Formation Latin/Rhythm Show Dance Final (2 teams)	Legacy Ballroom 3	Burn Up the Dance Floor
SIDE A	Youth Formation Latin/Rhythm Show Dance Final (4 teams)	Provo High School - Varsity	Cha-Cha
SIDE B	Junior Formation Latin/Rhythm Show Dance Final (2 teams)	Extreme Jr. Showcase	September
SIDE A	Youth Formation Latin/Rhythm Show Dance Final (4 teams)	Star Struck Ballroom	I2I

FORMATION TEAMS - Saturday Session 11

SIDE FACING	AGE GROUP / EVENT	TEAM	TITLE
SIDE A	Youth Formation Swing Show Dance Final (5 teams)	CVB Youth Gold	Get up Off that Thing
SIDE B	Junior Formation Cabaret Show Dance Final (1 teams)	Legacy Ballroom & Jazz Production	Crimson Sky
SIDE A	Youth Formation Swing Show Dance Final (5 teams)	IBA Comp Team	Yeah Yeah Yeah
SIDE B	Pre-Teen Formation Latin Medley Final (2 teams)	Premier PreTeen Medley Gold	Mario
SIDE A	Youth Formation Swing Show Dance Final (5 teams)	Premier Youth Showcase	King of New York
SIDE B	Pre-Teen Formation Latin Medley Final (2 teams)	Extreme Pre-Teen Gold Medley	Wonka
SIDE A	Youth Formation Swing Show Dance Final (5 teams)	Provo High School - Varsity	
SIDE B	Junior Formation Large Group Show Dance Final (1 team)	Legacy Ballroom & Jazz Production	Fuego
SIDE A	Youth Formation Swing Show Dance Final (5 teams)	Star Struck Ballroom	Clue

FORMATION TEAMS - Saturday Session 12

SIDE FACING	AGE GROUP / EVENT	TEAM	TITLE
SIDE A	Youth Formation Latin Medley Final (5 teams)	Star Struck Ballroom	Victory Lane
SIDE A	Youth Formation Latin Medley Final (5 teams)	Extreme Youth Blue Medley	Broadway
SIDE A	Youth Formation Latin Medley Final (5 teams)	Premier Youth Medley Gold	Grease
SIDE A	Youth Formation Latin Medley Final (5 teams)	Extreme Youth Gold Medley	Rocks of Ages
SIDE A	Youth Formation Latin Medley Final (5 teams)	Provo High School - Varsity	Shakira